Frap Strap

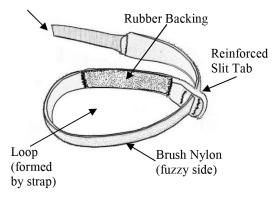
Warnings and Instructions: Review carefully, proper application is required

△ Warning: This device will not prevent or eliminate risk of injury. Do Not Overtighten. If swelling, pain, skin irritation, or an unusual reaction occurs, discontinue use immediately and consult your medical professional.

This device should not be worn by persons with known allergies to neoprene.

Care: Hand wash using mild soap. Rinse thoroughly. Air dry only. Do not tumble dry.

Hook Material



General Instructions for Therapists and **Doctors:**

- 1. Insert hook and loop end through the slit, with the brush nylon material face out.
- Trim the strap as desired to make narrower, shorter, or to avoid cutting into skin (e.g. web spaces) or bone.
- 3. It is necessary for the practitioner to instruct the patient about which type of configuration would be best for their condition. Photocopy the pertinent page for the patient.

U.S. Patent No. D556330



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2/14

Thumb UCL

Thumb Ulnar Collateral Ligament Protection

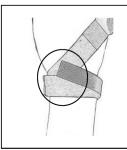




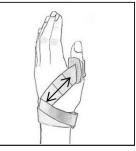
1. Slip thumb through the 3. Wrap around the back loop and snug the loop up below the joint. Keep slit close to the fingers.

of the hand and wrist.

2. Draw loop up, fuzzy side out, to the back of hand

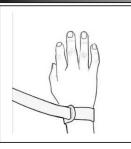


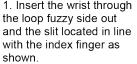
4. Wrap the strap around the wrist and the back of the hand and fasten hook material on both strap sections as shown.



5. Finished Application. You can add additional hook material to strap (as indicated by arrows) to limit thumb motion.

CMC Support



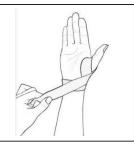




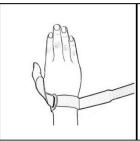
1. Insert the wrist through 2. Wrap the strap under the thumb and through the web space between the thumb and index finger. Lift the thumb up slightly.



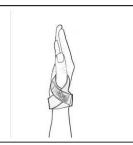
3. Cross the strap over the joint at the bottom of the thumb, near the wrist.



4. Bring the strap across the bottom of the wrist.



strap around the top of the wrist



5. Continue wrapping the 6. Fasten the hook material so that it overlaps the fuzzy material at the base of the thumb. This will restrict the neoprene from stretching and provide more support in this area.

Frap Strap

Warnings and Instructions: Review carefully, proper application is required

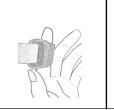
△ Warning: This device will not prevent or eliminate risk of injury. Do Not Overtighten. If swelling, pain, skin irritation, or an unusual reaction occurs, discontinue use immediately and consult your medical professional.

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Care: Hand wash using mild soap. Rinse thoroughly. Air dry only. Do not tumble dry.

PIP Flexion

For one or more fingers



- 1. Slide finger(s) through the loop.
- 2. Face the end of the tab towards the thumb.



- 3. Secure rubberized portion around the middle bone.
- 4. Bend the finger(s).

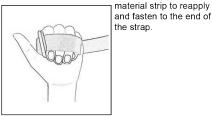
7. If the strap is too long.

prene, retaining the hook

trim the excess neo-



5. Wrap the strap around 6. Finished Application. the back of the hand and complete the circle around the finger(s)

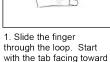


8. For multiple fingers, place fingers through the loop, brush nylon side out. Rubberized material will be under the fingers. Wrap the strap around the back of the hand and fasten.

Composite Flexion

For one or more fingers





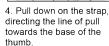


help both joints bend.

2. Place the rubber part of the strap over the top of the bone closest to the palm, then the tip of the finger.

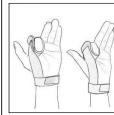
the thumb.

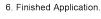






5. Wrap strap around the back of the wrist and fasten





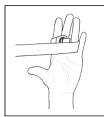


7. Application for multiple finaers.

Buddy Strapping

Extensor Tendon Repair

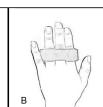
For Immediate Controlled Active Motion (ICAM) of Zone 4-7 (J Hand Ther. 2006 Apr-Jun;18(2):182-90)



- 1. Place loop around the finger next to the injured one.
- 2. Run the fuzzy side under the injured finger.
- 3. Pull strap up between the injured finger and the next finger.



- 4. Wrap strap, fuzzy side out, around the finger on the other side of the injured one.
- 5. Follow the same wrapping a second time around to get more extension of injured finger (A) or complete the circle

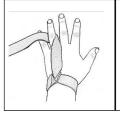




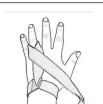
6. Finished application. If the strap is long, cut the excess neoprene, retaining the hook material strip to reapply and fasten to the end of the strap.

Note for the therapist: If more stability is needed, use a small piece of thermoplastic and adhere it to the neoprene under the finger.

Trigger Finger

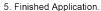


- 1. Slide the loop around the wrist.
- 2. With the fuzzy side out, wrap the strap over the top of the hand and around (under) the involved finger.



- 3. Wrap the strap towards the thumb and secure around the wrist.
- 4. You can trim between the web spaces for comfort.





This configuration serves to remind the patient to keep the finger up (maintain MCP extension), but does allow some flexion.



6. For more restriction to finger flexion, attach a wide strip of hook material to the top of the hand

U.S. Patent No. D556330



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2/14

